## Levitated Solids in the Quantum Regime

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The quantum optical control of solid-state mechanical devices, quantum optomechanics, has emerged as a new frontier of light-matter interactions. Objects currently under investigation cover a mass range of more than 17 orders of magnitude -- from nanomechanical waveguides to macroscopic, kilogramweight mirrors of gravitational wave detectors. Extending this approach to levitated solids opens up complete new ways of coherently controlling the motion of massive quantum objects in engineerable potential landscapes. I will discuss recent experimental advances in quantum controlling levitated solids, including demonstrations of the motional quantum ground state of optically trapped nanoparticles in a room temperature environment using either optical cavities or quantum Kalman filtering. I will also discuss the perspective to explore new regimes of macroscopic quantum physics, in particular ones that include quantum systems as sources of gravity.